

# Open Gym

**Preschool Open Gym (ages 1-6)**  
Mondays & Thursdays: 9:30-10:30am

**Family Open Gym (ages 14 & under)**  
Wednesday & Thursdays: 12:30-1:30pm  
Saturdays: 10:30-11:30am  
No tumbling allowed.

**Sensory Open Gym**  
**Fridays: 6-7pm**

2021: November 12 | December 10

2022: January 24 | February 11 | March 11 | April 8

## Open Gym Fees

Under 1 | FREE  
\$4 | single visit  
\$17 | 5 visit pass  
\$32 | 10 visit pass  
\$45 | 15 visit pass

Supervision of the child is the responsibility of parent/guardian for all open gym sessions. Only one adult allowed per child.

Need a new Open Gym pass or need to updated your current one?  
Call ahead at 812.376.2545



# Classes



Columbus Gymnastics Center  
405 Hope Ave. Columbus IN, 47201  
[www.columbusparksandrec.com](http://www.columbusparksandrec.com) | 812.376.2650

## CLASS DESCRIPTIONS

**FUN WALKERS** (Walkers–2 yrs.) 30 min. Creative play through the sport of gymnastics with focus on the development of a toddler’s fine and gross motor skills using such items as balls, hoops, music, barrels and obstacle courses. *Parent participation required.*

**FUN TOTS 2** (2 yrs) 30 min. Creative play through the sport of gymnastics with focus on the development of a toddler’s fine and gross motor skills using such items as balls, hoops, music, barrels and obstacle courses. *Parent participation required.*

**FUN TOTS 3-4** (3–4 yrs.) 45 min. Continuation of the development of fine and gross motor skills such as balance, strength, coordination and body awareness. Intro to basic gymnastics skills such as rolls, balance beam, bars and trampoline through the use of obstacle courses, parachute play, music and stations.

**ADV. FUN TOTS 4\*** (4 yrs.) 45 min. More emphasis placed on basic gymnastics skills on the Olympic apparatus - bars, balance beam, floor exercise, vaulting and trampoline. Skills sheets to test children’s mastery of skills are used in this class. A combination of skills are introduced.

**KIDS FUN** (5–7 yrs.) 45 min. Pre-cursor to beginning gymnastics with an emphasis on skills and sequences of skills on Olympic apparatus - bars, balance beam, floor exercise, vaulting and trampoline. Skills sheets to test children’s mastery of skills are used.

**ADV. KIDS FUN\*** (5–7 yrs.) 45 min. Class for kids that need new challenges. Skill enhancement is based on having mastered the skills in Kids Fun. Skills sheets also used on Olympic apparatus - bars, balance beam, floor exercise, vaulting & trampoline.

\* Instructor Referral Required

**BOYS** (8–13 yrs.) 45 min. A beginner skills class for boys only. Skills taught on bars, floor exercise, vaulting & trampoline.

**GIRLS** (8–13 yrs.) 45 min. For girls with no previous gymnastics experience. Beginning level skills taught on uneven bars, balance beam, floor exercise, vaulting and trampoline. Skills sheets to test mastery of skills are used.

**ADV. GIRLS\*** (8–13 yrs.) 45 min. For and girls who have passed the skills taught in Girls. More advanced level skills taught on all equipment.

**JR. TUMBLING** (5–7 yrs.) 45 min. Beginning level skills on floor exercise (cartwheels, handstands, walkovers, round-offs).

**TUMBLING** (8–13 yrs.) 45 min. Beginning level skills on floor exercise (cartwheels, handstands, bridge kickovers, round-offs, standing back handsprings)

**ADV. TUMBLING\*** (8–13 yrs.) 45 min. Intermediate level skills on floor exercise (walkovers, running back handspring, front handspring, roundoff, connecting skills)

**CHEER BASICS** (7–12 yrs.) 45 min. Class will cover basic cheer skills: voice, motions, jumps, basic tumbling and short cheers.

**GYM BUDDIES** (Ages 5–10) 30 min Special needs gymnastics class. This recreational class is designed for individuals with sensory and/or special needs. Through the use of obstacle courses and stations our instructors are trained to help athletes develop strength, coordination, body awareness, flexibility, balance, and social development. *Parent/co-adult required for 1:1 participation.*

**PRIVATE LESSONS**  
Private lessons are available upon request. Contact Alexa Stark at [astark@columbus.in.gov](mailto:astark@columbus.in.gov).

**Winter 1 Registration:** August 23 - Thursday before the beginning of session.  
**Winter 2 Registration:** October 25 - Thursday before the beginning of session.  
**Spring Registration:** January 10 - Thursday before the beginning of session.

| CLASS   | DAY/TIME    | WINTER 1<br>10/18-12/18<br>(8 WEEKS) | FEE       | WINTER 2<br>1/3-2/26<br>(8 WEEKS) | FEE       | SPRING<br>2/28-4/30<br>(8WKS) | FEE  |
|---|-------------|--------------------------------------|-----------|-----------------------------------|-----------|-------------------------------|------|
| <b>Fun Walkers</b><br>Walkers - 2 years<br>30 min | Tu, 6:00pm  | 840000-1A                            | \$75      | 850000-1A                         | \$75      | 860000-1A                     | \$75 |
|   | Wed, 6:00pm | 840000-1B                            | \$75      | 850000-1B                         | \$75      | 860000-1B                     | \$75 |
|   | Th, 10:45am | 840000-1C                            | \$75      | 850000-1C                         | \$75      | 860000-1C                     | \$75 |
|   | Th, 6:00pm  | 840000-1D                            | \$75      | 850000-1D                         | \$75      | 860000-1D                     | \$75 |
|   | Sat, 9:00am | 840000-1E                            | \$75      | 850000-1E                         | \$75      | 860000-1E                     | \$66 |
| <b>Fun Tots 2</b><br>2 years<br>30 min            | Tu, 6:00pm  | 840020-1A                            | \$75      | 850020-1A                         | \$75      | 860020-1A                     | \$75 |
|   | Wed, 6:00pm | 840020-1B                            | \$75      | 850020-1B                         | \$75      | 860020-1B                     | \$75 |
|   | Th, 10:45am | 840020-1C                            | \$75      | 850020-1C                         | \$75      | 860020-1C                     | \$75 |
|   | Th, 6:00pm  | 840020-1D                            | \$75      | 850020-1D                         | \$75      | 860020-1D                     | \$75 |
|   | Sat, 9:00am | 840020-1E                            | \$75      | 850020-1D                         | \$75      | 860020-1E                     | \$66 |
| <b>Fun Tots 3-4</b><br>3-4 years<br>45 min        | Tu, 4:00pm  | 840040-1A                            | \$91      | 850040-1A                         | \$91      | 860040-1A                     | \$91 |
|   | Tu, 5:00pm  | 840040-1B                            | \$91      | 850040-1B                         | \$91      | 860040-1B                     | \$91 |
|   | Tu, 6:00pm  | 840040-1C                            | \$91      | 850040-1C                         | \$91      | 860040-1C                     | \$91 |
|   | Wed, 5:00pm | 840040-1D                            | \$91      | 850040-1D                         | \$91      | 860040-1D                     | \$91 |
|   | Wed, 6:00pm | 840040-1E                            | \$91      | 850040-1E                         | \$91      | 860040-1E                     | \$91 |
|   | Th, 11:15am | 840040-1F                            | \$91      | 850040-1F                         | \$91      | 860040-1F                     | \$91 |
|   | Th, 4:00pm  | 840040-1G                            | \$91      | 850040-1G                         | \$91      | 860040-1G                     | \$91 |
|   | Th, 5:00pm  | 840040-1H                            | \$91      | 850040-1H                         | \$91      | 860040-1H                     | \$91 |
|   | Th, 6:00pm  | 840040-1I                            | \$91      | 850040-1I                         | \$91      | 860040-1I                     | \$91 |
|   | Sat, 9:30am | 840040-1J                            | \$91      | 850040-1J                         | \$91      | 860040-1J                     | \$80 |
| <b>Adv. Fun Tots 4*</b><br>4 years<br>45 min      | Tu, 5:00pm  | 840060-1A                            | \$91      | 850060-1A                         | \$91      | 860060-1A                     | \$91 |
|   | Wed, 5:00pm | 840060-1B                            | \$91      | 850060-1B                         | \$91      | 860060-1B                     | \$91 |
|   | Th, 5:00pm  | 840060-1C                            | \$91      | 850060-1C                         | \$91      | 860060-1C                     | \$91 |
| <b>Kids Fun</b><br>5-7 years<br>45 min            | M, 5:00pm   | 840080-1A                            | \$91      | 850080-1A                         | \$91      | 860080-1A                     | \$91 |
|   | M, 6:00pm   | 840080-1B                            | \$91      | 850080-1B                         | \$91      | 860080-1B                     | \$91 |
|   | Tu, 4:00pm  | 840080-1C                            | \$91      | 850080-1C                         | \$91      | 860080-1C                     | \$91 |
|   | Tu, 5:00pm  | 840080-1D                            | \$91      | 850080-1D                         | \$91      | 860080-1D                     | \$91 |
|   | W, 5:00pm   | 840080-1E                            | \$91      | 850080-1E                         | \$91      | 860080-1E                     | \$91 |
|   | Th, 4:00pm  | 840080-1F                            | \$91      | 850080-1F                         | \$91      | 860080-1F                     | \$91 |
|   | Th, 5:00pm  | 840080-1G                            | \$91      | 850080-1G                         | \$91      | 860080-1G                     | \$91 |
| Sat, 9:30am                                       | 840080-1H   | \$91                                 | 850080-1H | \$91                              | 860080-1H | \$80                          |      |
| <b>Adv. Kids Fun*</b><br>5-7 years<br>45 min      | M, 6:00pm   | 840100-1A                            | \$91      | 850100-1A                         | \$91      | 860100-1A                     | \$91 |
|   | Tu, 4:00pm  | 840100-1B                            | \$91      | 850100-1B                         | \$91      | 860100-1B                     | \$91 |
|   | Th, 4:00pm  | 840100-1C                            | \$91      | 850100-1C                         | \$91      | 860100-1C                     | \$91 |
| <b>Boys</b><br>8-13 years<br>45 min               | M, 6:00pm   | 840220-1A                            | \$91      | 850220-1A                         | \$91      | 860220-1A                     | \$91 |
| <b>Girls</b><br>8-13 years<br>45 min              | M, 5:00pm   | 840300-1A                            | \$91      | 850300-1A                         | \$91      | 860300-1A                     | \$91 |
| <b>Adv. Girls*</b><br>8-13 years<br>45 min        | M, 5:00pm   | 840320-1A                            | \$91      | 850320-1A                         | \$91      | 860320-1A                     | \$91 |
| <b>Jr. Tumbling</b><br>5-7 years<br>45 min        | M, 4:00pm   | 840400-1A                            | \$91      | 850400-1A                         | \$91      | 860400-1A                     | \$91 |
|   | W, 4:00pm   | 840400-1B                            | \$91      | 850400-1B                         | \$91      | 860400-1B                     | \$91 |
| <b>Tumbling</b><br>8-13 years<br>45 min           | M, 4:00pm   | 840420-1A                            | \$91      | 850420-1A                         | \$91      | 860420-1A                     | \$91 |
|   | W, 4:00pm   | 840420-1B                            | \$91      | 850420-1B                         | \$91      | 860420-1B                     | \$91 |
| <b>Adv. Tumbling*</b><br>8-13 years<br>45 min     | M, 4:00pm   | 840440-1A                            | \$91      | 850440-1A                         | \$91      | 860440-1A                     | \$91 |
|   | W, 4:00pm   | 840440-1B                            | \$91      | 850440-1B                         | \$91      | 860440-1B                     | \$91 |
| <b>Gym Buddies</b><br>3-7 years<br>30 min         | F, 5:00pm   | 840600-1A                            | \$75      | 850600-1A                         | \$75      | 860600-1A                     | \$66 |

